

TREDFYFRIN EASTTOWN SCHOOL DISTRICT

ELEMENTARY  
LUNCH MENU

Prices  
Paid \$ 2.75  
Reduced \$ .40  
Adult \$ 4.50



August / September 2015

CAFETERIA ACCOUNT

Please include your child's name and pin # with all pre-payments. You may also pay online at [www.paypams.com](http://www.paypams.com)  
FREE registration (\$1.95 fee for online deposits)



WEEK OF 8/31 Daily Feature (A)

M 8/31	Popcorn Chicken w/ Dipping Sauce, Mashed Potatoes, Broccoli w/dip, Orange Smiles, Applesauce
T 9/1	Penne Pasta w/Spag. Sauce, and Meatballs, Banana, Pears, Baby Carrots, Sl. Cucumber, WW Roll
W 9/2	WW French Toast ▼w/ Sausage Patty, Fresh Banana, Orange Juice, Baby Carrots, Sliced Cucumber
T 9/3	Soft Taco * w/ Cheese, Tomato, Lettuce, Salsa, Corn, Black Bean Salad, Grapes, Mixed Fruit
F 9/4	Mickey's Pizza ▼, Green Beans, Tossed Salad, Pineapple Chunks, Apple Slices

THIS WEEK'S SPECIALS (B, C, D, E)

B) Pizza Dippers ▼  
(NO B CHOICE ON FRIDAY'S)



C) PBJ ▼ on Whole Wheat




D) Hummus Bites ▼  
(Hummus, Carrot Stix, Pita Wedges)

E) Taco Salad



WEEK OF 9/7 Daily Feature (A)

M 9/7	NO SCHOOL
T 9/8	Meatball Sandwich on a WW Roll, Potato Puffs, Broccoli w/dip, Orange Smiles, Applesauce
W 9/9	Apple Cinnamon Dippers ▼, 6 oz Yogurt, Baked Beans, Peas, Fresh Apple, Peaches in Juice
T 9/10	Baked Ziti w/ Sausage Meatsauce, Corn, Carrot Sticks, Grapes, Mixed Fruit
F 9/11	Mickey's Pizza ▼, Green Beans, Tossed Salad, Pineapple Chunks, Apple Slices 

THIS WEEK'S SPECIALS (B, C, D, E)

B) Baked Chicken Chunks w/ WW Dinner Roll  
(NO B CHOICE ON FRIDAY'S)



C) PBJ ▼ on Whole Wheat

D) Yogurt Bites ▼ (6 oz Yogurt, Animal Crackers, Grapes)

E) Chicken Caesar Salad



WEEK OF 9/14 Daily Feature (A)

M 9/14	NO SCHOOL
T 9/15	Chicken Chunk's w/WW Roll, Mashed Potatoes, Broccoli w/dip, Orange Smiles, Applesauce
W 9/16	Baked WW Macaroni and Cheese ▼ Baby Carrots, Sliced Cucumber, Fresh Peach, Pears
T 9/17	Soft Taco w/Cheese, Tomato, Lettuce, Salsa, Corn, Carrot Sticks, Grapes, Mixed Fruit
F 9/18	Mickey's ▼, Green Beans, Tossed Salad, Pineapple Chunks, Apple Slices

THIS WEEK'S SPECIALS (B, C, D, E)

B) Cheeseburger on a WW Bun  
(NO B CHOICE ON FRIDAY'S)



C) PBJ ▼ on Whole Wheat



D) Hummus Bites ▼  
(Hummus, Carrot Stix, Pita Wedges)

E) Taco Salad



WEEK 9/21 Daily Feature (A)

M 9/21	Cheese Breadsticks ▼ w/Marinara Sauce, Orange Slices, Pears, Baby Carrots, Slcd. Cuc's
T 9/22	Oven Baked BBQ Chicken, WW Roll, Baked Beans, Corn, Grapes, Mixed Fruit
W 9/23	NO SCHOOL
T 9/24	Baked Potato w/Broccoli, Cheese, Beef ▼, Corn, Black Beans, Peas, Apple, Peaches, WW Roll
F 9/25	Mickey's Pizza ▼, Green Beans, Tossed Salad, Pineapple Chunks, Apple Slices

THIS WEEK'S SPECIALS (B, C, D, E)

B) Baked Chicken Patty on a WW Bun  
(NO B CHOICE ON FRIDAYS)



C) PBJ ▼ on Whole Wheat



D) Yogurt Bites ▼ (6 oz Yogurt, Animal Crackers, Grapes)

E) Chicken Salad Platter



WEEK OF 9/28 Daily Feature (A)

M 9/28	Penne Pasta w/Spag. Sauce, and Meatballs, Fresh Pear, Pears, Baby Carrots, Sl. Cucumber, WW Roll
T 9/29	Popcorn Chicken w/ Dipping Sauce, Mashed Potatoes, Broccoli w/dip, Orange Smiles, Applesauce
W 9/30	Cheese Quesadilla w/Salsa, Black Beans, Corn, Fresh Apple, Peaches in Juice

THIS WEEK'S SPECIALS (B, C, D, E)

B) Cheeseburger on a WW Bun  
(NO B CHOICE ON FRIDAYS)



C) PBJ ▼ on Whole Wheat



D) Hummus Bites ▼  
(Hummus, Carrot Stix, Pita Wedges)

E) Taco Salad



Notes about our Menu

- Milk is available with each meal: 1% White, Non-Fat White or Non-Fat Chocolate
- A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice, WW=Whole Wheat, WG= Whole Grain, ▼=VEGETARIAN, \* = Turkey

Breakfast is available each morning in the cafeteria 

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